

## CSHT 2014 Conference Presenter Biographies

### **Shrikant J. Chinchalkar, M.Th.O, BSc OT, OTR, CHT**

*Hand and Upper Limb Centre, St. Joseph's Health Centre, London, Ontario.*

Shrikant J. Chinchalkar is a hand therapist at the Hand & Upper Limb Centre, St. Joseph's Health Centre in London, Ontario, Canada. He has over 40 years of clinical experience in treating upper extremity conditions and over 30 years of teaching experience. He designed and developed Hand Therapy programs at four major teaching centers in Canada. He conducted many instructional courses on upper extremity rehabilitation at the IFSHT, ASSH, AASH, ASHT, CAOT, New Zealander, Saudi Arabian, Australian, South African Society's annual meetings. He has presented papers and has conducted several courses on "Hand and Upper Extremity Rehabilitation" in more than 18 countries and has won many awards for his presentations. He was awarded the "Dr. Paul Brand Award of Excellence" by ASHT, "Award of Leadership" by CAOT, and the "Award of Excellence" by the Sisters of St. Joseph's Hospital. He authored two book chapters and has published many papers and abstracts in numerous peer reviewed journals related to Upper Extremity Surgery and Therapy.

### **Judy Colditz, OT/L, CHT, FAOTA**

*Founder of HandLab, Raleigh, North Carolina USA [www.handlab.com](http://www.handlab.com)*

Ms. Colditz is an internationally recognized hand therapist, clinical educator, lecturer, and leader in the field of hand therapy. With more than 40 years' experience, Judy has served as president of both the American Society of Hand Therapists and the International Federation of Societies for Hand Therapy, taught in more than 27 countries, published numerous chapters and articles, and produced educational DVD/CDs and webinars for hand therapists. In 1997, Judy established HandLab to provide relevant continuing education and clinical products to hand therapists and patients. Recently she has been involved in the design of a new thumb orthosis and in 2014 began a series of online learning modules to make continuing education accessible to more therapists. She is known for making complex information simple to understand.

### **Marie Eason Klatt, OT Reg (Ont), CHT, MScCH**

*University of Toronto Lecturer with Department of Occupational Science and Occupational Therapy, St. Joseph's Health Centre, (Toronto), as the Advanced Practice Clinician – Hand Therapy and the Professional Practice Leader in Occupational Therapy, Toronto, Ontario*

Marie Eason Klatt graduated from the University of Toronto with a B.Sc. (O.T.) in 1983 and holds a current registration to practice in the Province of Ontario as an Occupational Therapist. She has been a Certified Hand Therapist since 1998. Marie completed a Masters of Science in Community Health in the Faculty of Medicine at the University of Toronto in 2012. Currently she holds a status appointment with the Department of Occupational Science and Occupational Therapy at the University of Toronto as a lecturer. In addition to her work in private practice, Marie is employed at St. Joseph's Health Centre, (Toronto), as the Advanced Practice Clinician – Hand Therapy and the Professional Practice Leader in Occupational Therapy. Marie has presented both nationally and internationally at peer reviewed conferences in the areas of hand and upper limb rehabilitation, and, health practitioner education. Her clinical practice primarily focuses on the rehabilitation of individuals of all ages who have functional impairments of the hand and upper limb.

Marie will be presenting "Pearls from Years of Practice: Creative Solutions for Challenging Cases" along with a group of therapists from the Toronto area.

### **Mark Davidson, BSc PT**

*Owner of Davidson Physiotherapy, Riverview, New Brunswick*

Since obtaining his B.Sc.PT from Dalhousie University in 1999 Mark Davidson has gone on to establish (2001) and grow a successful private Physiotherapy practice in Riverview, New Brunswick. Over that time, he has pursued multiple topics of continuing education including: Thoracic Spine & Breathing: Movement Analysis, Sub-classification & Neuromuscular Retraining - SMARTERehab Neuromuscular Rehabilitation Institute, Mulligan Concept Upper Quadrant, Diagnosis of Mechanical Dysfunction and Stability Retraining of the Shoulder Girdle - Kinetic Control Canada Ltd, Level 1 Shoulder Course – Lyn Watson, and The Thorax: Restoring Function, Relieving Pain – Dianne Lee. In addition, Mark has been asked to present for such organizations and conferences as: Sport NB, the New Brunswick Kinesiology Association, the Arthritis Society, the 43<sup>rd</sup> Conjoint Scientific Assembly-Maritime Chapters of the College of Family Physicians of Canada, and most recently at the Atlantic Jumps Summit (Athletics NB). Running parallel to this, Mark has pursued NCCP coaching training in Athletics up to the trained level of Competitive Development in Sprints and Hurdles and has been an active Board member for the College of Physiotherapists of New Brunswick since 2006 first sitting as Vice President and now in the role of President.

### **Trevor Fraser BSc(PT), CHT, CGIMS**

*Co-Owner healthOne Physiotherapy & Hand Clinic , GunnIMS, Vancouver, British Columbia*

Trevor graduated as a physiotherapist in 1996 from the University of Western Ontario and became a Certified Hand Therapist in 2001. He's been in private practice physiotherapy for over 17 years. His professional memberships include the Canadian Physiotherapy Association (CPA), Physiotherapy

Association of British Columbia (PABC), West Coast Hand Therapy Association (WCHTA) and the Canadian Society for Hand Therapists (CSHT). Post graduate studies have included the Intermediate Manual Therapy Certificate (RCAMT) in the Orthopaedic system of CPA and Chan Gunn IMS (Intramuscular Stimulation).

Trevor has been an invited speaker with PABC, WCHTA, CSHT, University of British Columbia (UBC), OASIS Hand Symposium, WorkSafe BC and the BC Society of Surgeons. Currently he serves as the President-Elect of the WCHTA, was the Chair of the annual CSHT conference held in Vancouver 2011, and is currently the Regional Representative for CSHT.

Trevor enjoys teaching and previously founded and directed one of the first private-practice hand therapy Fellowships offered in Canada. He also routinely supervises university students completing clinical placements.

When not at work, Trevor is an avid volleyball player and hits the slopes of Whistler on his snowboard.

### **Don Lalonde, MD, FRCSC**

*Professor Surgery, Dalhousie University, Head of Plastic Surgery Department, Saint John Regional Hospital, Saint John, New Brunswick*

### **Jason McDougall, PhD**

*Associate Professor in the Departments of Pharmacology and Anaesthesia at Dalhousie University, Halifax, Nova Scotia*

Dr McDougall was born in South Shields and educated in Glasgow. He received his PhD in Joint Physiology from the University of Glasgow and subsequently undertook postdoctoral training in Canada, Germany and Spain. Dr. McDougall was awarded postdoctoral fellowships from the Alberta Heritage Foundation for Medical Research (AHFMR), the Medical Research Council of Canada and was the recipient of the Ernst & Young Joint Injury & Arthritis Research Fellowship. In 2001 he joined the Faculty of Medicine at the University of Calgary where he held an AHFMR Senior Scholarship as well as an Arthritis Society Investigator award. He is currently an Associate Professor in the Departments of Pharmacology and Anaesthesia at Dalhousie University. Dr. McDougall's research focuses on the neurobiology of pain and how the nervous system can cause arthritis. Electrophysiological and behavioural techniques are used to assess joint pain in animal models of osteoarthritis and rheumatoid arthritis. Dr. McDougall's lab also uses intravital microscopy techniques to assess leukocyte biology, and laser Doppler imaging to assess blood flow during joint inflammation. His research is currently examining the role of cannabinoids, proteinases and opioids in arthritis pain and inflammation. His research goal is to identify novel drug targets and discover new treatments which will help alleviate chronic pain and restore normal joint function. He receives project funding from CIHR, the Canadian Arthritis Network, and The Nova Scotia Health Research Foundation. He has been a pain consultant on collaborative projects with AstraZeneca (UK), Eli Lilly & Company (USA) and Pfizer (UK).

### **Jean-Francois Ouellet, BSc OT, CHT**

*Occupational Therapist at Kinatex Longueuil and Synergo St-Jean-sur-Richelieu. Assistant professor at McGill University. Consultant for Hand Therapy Centre at Centre Hospitalier Universitaire de Montréal.* Jean-Francois is a trained Occupational Therapist working in upper extremity rehabilitation at Kinatex in Longueuil and Synergo in St-Jean-sur-Richelieu. He is an assistant professor at McGill University. He also is a consultant for the Hand Therapy Centre at the Centre Hospitalier Universitaire de Montréal. Jean-Francois has been a regional representative in the province of Quebec to CSHT for many years.

### **Tara Packham, OT Reg(Ont), PhD(c)**

*Hand Therapy Clinic, Hamilton Health Sciences. PhD student, School of Rehabilitation Sciences, McMaster University, Hamilton, Ontario. International Associate Editor, E-News for Somatosensory Rehabilitation*

Tara Packham is an occupational therapist who has worked in hand therapy at Hamilton Health Sciences for 23 years. She is currently working on her PhD studies under Dr. Joy MacDermid at McMaster University, with a focus on outcome measurement, complex regional pain syndrome, and hand surgery and rehabilitation. She also recently certified as a somatosensory therapist for pain treatment through the University of Brussels.

### **Lisa Rand, BSc OT (Reg NS), CHT**

*Queen Elizabeth II Health Sciences Center*

Lisa Rand is an Occupational Therapist working at the Queen Elizabeth II Health Sciences Center in Halifax where she has practiced for 27 years as an occupational therapist with 16 years experience in hand rehabilitation. She provides hand therapy services on the outpatient services at the Halifax Infirmary site and Cobequid Community Health Center. The service provides post-operative follow up and rehabilitation to a number of hand conditions. She recently became a certified hand therapist and is the CSHT regional representative for Nova Scotia and PEI.

### **Michelle Richards, BSc OT (Reg NS)**

*Queen Elizabeth II Health Sciences Center, Halifax, Nova Scotia*

Michelle Richards is an Occupational Therapist working with Capital Health for the past 14 years. Her background has been primarily in physical medicine and more specifically in the areas of orthopedics, plastics and burn care. She has worked in a variety of areas including inpatients, community and most recently in outpatient hand therapy. Michelle hails from Cape Breton originally and lives with her husband and 3 children in seaside Prospect.

### **Sylvia Rogan, OT Reg (Ont), CHT**

*Hand and Upper Extremity program Sunnybrook Health Sciences Centre,  
Canadian Clinical Consultant for Touch Bionics, Toronto, Ontario*

Sylvia graduated from the University of Toronto with an Honours BSc in 1993 and then with a BSc in Occupational Therapy in 1997. She has been working for 14 years in the Hand/UE program located at Sunnybrook Health Sciences Centre. She worked for Health South in a hand program in southern California for a year. She also currently works as the Canadian Clinical Consultant for a prosthetics Company, Touch Bionics, that creates bionic and silicone prostheses for people with upper extremity amputations. Sylvia is a member of the College of Occupational Therapists of Ontario, the U.S. National Board of Certification of Occupational Therapists, a member of the Association of Occupational Therapists of Ontario and a recognized Certified Hand Therapist (CHT) in America. Sylvia has lectured at several Conferences including the Annual Conference of the American Society of Occupational Therapists and joint Conferences of the American Society of Hand Therapy and American Society for Surgery of the Hand. She was a member of the Toronto Hand Interest Group Executive for three years.

## **Debby Schwartz, OTD, OTR/L, CHT**

*Product and Educational Specialist, Physical Rehabilitation, Orfit Industries America  
Jericho, NY*

Deborah A. Schwartz, OTR/L, CHT is a hand therapist with over 29 years of experience as a practicing clinician. She works with Orfit Industries America to promote product awareness and splinting education. Debby is an active member of ASHT and has participated in IFSHT meetings as well. She has presented on a variety of hand therapy topics both at national and international conferences and has written a number of articles for hand therapy publications, including the British Journal of Hand Therapy, ADVANCE for OT and [www.exploringhandtherapy.com](http://www.exploringhandtherapy.com) and several research studies for the Journal of Hand Therapy. Debby regularly conducts splinting workshops for beginner, intermediate and advanced splinting as well as introductory classes for Occupational Therapy students in university programs. Debby completed her doctoral studies in Occupational Therapy at Rocky Mountain University of Health Professions. She is currently writing several book chapters for hand therapy references including a chapter on pediatric orthoses.

## **David Tang, MD, FRCSC**

*Plastic & Reconstructive Surgeon, Assistant Professor of Surgery, Dalhousie University,  
Surgical Foundations Program Director, Halifax, Nova Scotia*

## **J. Andrew I. Trenholm, MD, MSc, FRCSC**

*Assistant Professor of Surgery Dalhousie University, Clinical Assistant Professor of Surgery Memorial  
University, Upper Limb and Trauma Surgery, Division of Orthopaedic Surgery, Halifax, NS*

Dr. Andrew Trenholm is a full time Assistant Professor of Surgery at Dalhousie University and a Clinical Assistant Professor of Surgery at Memorial University. He completed his medical school and residency training at Dalhousie University. This was followed by a one-year fellowship in Orthopaedic Trauma at Carolinas Medical Center, Charlotte, North Carolina and a one-year Upper Limb fellowship at the University of Edinburgh, Edinburgh, Scotland. He has also completed a Masters of Science in Clinical Research Administration at the University of Liverpool School of Medicine. He spent the first nine years of his surgical practice in Saint John, New Brunswick and served as the Provincial Medical Director of Trauma for 5 years. He began practice in Halifax as a member of the Upper Limb and Trauma service at the Queen Elizabeth II Health Sciences Center in 2012. His major areas of research are in standardized clinical outcomes reporting, the formation of trauma care systems and standardized pathways of care for upper limb pathology. His non-medical passions include spending time with his wife and two children, golf and learning to play the electric guitar.